

What's Doin' at the Brea Senior Center

Happy Easter!



April 2018

Announcements

Save the Date!
Older Americans Month
Mini Health Fair
Thur, May 31, 9 a.m.-12 p.m.

Enjoy refreshments and receive a wide array of resources specifically designed to promote the health and well-being of seniors. Free screenings available!

"It's Your Money"
FREE 8-week
Workshop Series
Tues, April 3-May 22, 1:30-3 p.m.



This series offers entertaining, informative, interactive sessions with guest speakers. Topics include: Annuities, Mutual Funds, Financial Planning, Long Term Care, Fixed Income & Equity Investing, Investment Rules, and the Stock Market. NO sales pitches. NO solicitations.

New! Watercolor
Painting Class
Thursdays, 10-11 a.m.



Professional Artist, Betty Lester, will walk each class through group paintings together.

Volunteer Recognition Party
Friday, April 13
10:30 a.m.-12:30 p.m.
Registration Required

Hearing Screening
Thur, April 12, 9-11:30 a.m.
By Connect Hearing

Cooking Demonstration
Thursday, April 19, 10 a.m.
By Kisco

Jewelry Class
Wednesday, April 25, 10 a.m.

Join Tess as you learn to make beautiful jewelry.



By Sunrise Senior
Living-Bradford Square

Pet Therapy
Wednesday, April 4
Fridays, April 13, 20, and 27
10:30-11:30 a.m.

Games & Trivia
Fridays, April 6 & 20, 11 a.m.

Join Leadership Council President, Jim Sims for some challenging fun.

Hula Fitness
Tuesday, April 10, 11 a.m.
By Hula Kat



Get a Boost with
Housing Rehab



Federal funds available to qualifying families for repair or refurbishment of an owner-occupied home. Funds are based on availability. Visit www.cityofbrea.net/housingrehab for an application.

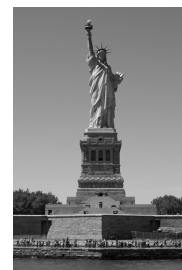
Check it out!
Brea Senior Center
Loan Closet

The Brea Senior Center Loan Closet provides mobility assistive equipment such as walkers, canes, portable commodes, and bathing benches to assist with activities of daily living. Limited to Brea residents. Call 714-990-7750 for more details.

Travel Group

New York City
May 17-21

Highlights: The Big apple, Times Square, Manhattan, Madison Square Garden, the Flatiron building, Greenwich Village, So-Ho, Little Italy, The National 9/11 Memorial, Ellis Island, Immigration Museum, and the Statue of Liberty. \$2,499 per person, based on double occupancy.



Yosemite

June 12-14



Highlights:
Chuckchansi
Gold Resort

Casino Luxury Hotel, Coarsegold, California, Yosemite National Park, Yosemite Valley floor tour, Amtrak train to Bakersfield, hotel and casino package, food coupons, and casino play slot card. \$599 per person, based on double occupancy.

Princess Cruises to Alaska September 19-October 1

Highlights: Cruise theme—
“Witnessing the Beautiful
Glaciers, Waterways, & Wildlife.”
Round trip transfer to San Pedro.
Round trip 12-day cruise on Star
Princess, meals and entertainment
included on board, port taxes,
gratuities and insurance included.
\$1,999 per person, based on double
occupancy.

Utah Canyon Royale September 24-27

Highlights: Valley of Fire State
Park, Zion National Park,
Cedar Breaks National Monument,
Mesquite, Nevada, and Las Vegas,
Nevada. \$539.00 per person, based
on double occupancy.

Nashville & Branson October 12-18

Highlights: The Grand Ole Opry,
Hermitage Home—President
Andrew Jackson, The Country Music
Hall of Fame, city tour of Nashville,
Johnny Cash & Patsy Cline
Museums, Branson Shows, College
of the Ozarks, Stone Hill Winery,
and Branson city tour. \$2,999 per
person, based on double occupancy.

Reservations Required
For details and to register,
call 714-990-7750.

Presentations

Health & Wellness Info Thur, April 12, 11-11:45 a.m.

Learn helpful info. from a local
Chiropractor.
By Humana

City Council Update Friday, Apr 27, 11-11:45 a.m. By Mayor Glenn Parker

Health Help

Blood Pressure Monitoring Tuesdays, 9-11 a.m.

Sing your way to a Healthy Life!

Wednesdays, 12:45-2 p.m.

This is a casual singing group
focused on having fun!

Senior Services

Case Management Services

For Brea seniors and caregivers.
Achieve successful aging through
advocacy, assessment, facilitation,
and resource management.

Medicare & Health Insurance Assistance 2nd & 4th Wednesday of each month, 9:30-11:30 a.m.

Appointment Required
Benefits anyone who has questions
or needs assistance regarding
Medicare, HMO's and secondary
and long-term care insurance. Call
714-990-7750 to register.
**By Health Insurance
Counseling and Advocacy
Program**

Legal Aid

4th Thursday of each
month, 12:30-2 p.m.
Appointment Required
**By Legal Aid Society of
Orange County**



Senior Grocery Program Monday, April 9 & 23, 12-1 p.m.

For Brea seniors over age
60 with qualifying
income. Bring your own
reusable bags, insulated bags with
cold packs, or a personal cart to pick
up free food items.
By Second Harvest

Shopping Trips

1st & 3rd Mondays, 12:45 p.m.
1st & 3rd Tuesdays, 10:45 a.m.
Wednesdays, 12:30 p.m.

The Brea Shuttle provides
free transportation for
Brea residents to Ralphs,
Rite-Aid, Target, Wal-Mart, Sprouts,
Albertsons, Trader Joes, and the 99
Cent Store. Restrictions apply, call
714-990-7754 to register.

Senior Center Gift Shop Open Mon thru Fri, 9-11:30 a.m.

Large assortment of quality
items available at bargain prices.
Donated items gratefully accepted
during business hours.

Fitness

Longevity Stick Balance Class Wednesdays, 9-10 a.m. Fridays, 10-11 a.m.

Yoga Class
Tuesdays, 8:30-9:30 a.m.
Thursdays, 8-9 a.m.

Any level welcome! Bring
your own mat.



**Health & Wellness
Exercise Classes**
Tuesdays, 10-11:50 a.m.
Thursdays, 9:30-11:30 a.m.
By Older Adults Program

**Better Balance
Health & Wellness Class**
Mondays, 10-11:50 a.m.
By Older Adults Program

Zumba® Gold
Wednesdays, 10:30-11:30 a.m.
Fridays, 11 a.m.-12 p.m.
Brea Resident Priority



Zumba Gold modifies the Zumba
formula to suit the needs of the
active older participants by bringing
exhilarating, easy-to-follow moves.

Table Tennis
Every Tuesday/Thursday
1-4 p.m., Wednesdays 2-4 p.m.
**Quarterly Fee, Resident-\$16
Non-Resident-\$26**

Tai Chi for Every Body
Every Mon/Fri, 8:30-10 a.m.

Tai Chi 42
Wednesdays, 8:30-10 a.m.



Line Dancing Class
Mondays, 12:45-3 p.m.

The first half hour is dedicated for
beginners to learn the basics of
line dancing.

Classes

**Individual Computer
& Gadget Tutoring**
Wednesdays and Thursdays
**Appointment and
Refundable Deposit
Required**



Crafts with Janice
Tuesdays, 9:30-11:30 a.m.

Gatherings

Bingo Social
Wednesday, April 4, 10 a.m.
By Sunnycrest Senior Living

Cookie Social
Monday, April 9, 10 a.m.
By Kaiser Permanente



Cookie Social
Friday, April 13, 10 a.m.
**By Horizon Senior
Services**

Bingo Social
Monday, April 16, 10 a.m.
By Humana

Bingo Social
Monday, April 18, 10 a.m.
By NCFL

Shredding Social
Thursday, April 19, 10 a.m.
By Humana

Arts & Crafts Social
Friday, April 20, 10 a.m.
**By Leslie w/ LAB
Insurance**



Spin to Win Social
Monday, April 23, 10 a.m.
By AGA

Cupcake Social
Thursday, April 26, 10 a.m.
**By Season's Hospice and
Palliative Care**

Bunco Group
Tuesdays, 12:45-2:30 p.m.

Spiritual Emphasis
Fridays, 10-11 a.m.
By Brea Ministerial Assoc.

Bingo Social
Monday, April 30, 10 a.m.
**By Sunnycrest Senior
Living**



Bingo!
Mondays, 10:15/10:30-11:30 a.m.
Wednesdays, 11-11:45 a.m.
Thursdays, 12:45-1:45 p.m.

Veterans Club
Mondays, 11-11:45 a.m.

Timely Topics
Tuesdays, 10-11 a.m.

Book Club
Wednesday, April 25
10:30-11:30 a.m.
By the Brea Public Library



Crochet Group
Wednesdays, 10-11:30 a.m.

Knitting Group
4th Tues of each month, 1-3 p.m.

Quilting Group
1st & 3rd Wednesday
of each month, 9 a.m.-12 p.m.

Sing-a-Long Group
Wednesdays, 12:45-2 p.m.

Golf Social
2nd & 4th Tuesdays of
each month, 10:45-11:45 a.m.



Nintendo Wii Game Play
Wii games include: bowling,
tennis, golf, baseball, board
games, billiards, and many more!

April Activities

FAMOUS QUOTE

A day without laughter is a day wasted.

Charlie Chaplin

APRIL IS NATIONAL HUMOR MONTH

- 1 One Cent Day
- 5 Go For Broke Day
- 11 Eight-Track Tape Day
- 20 Look Alike Day
- 27 Tell A Story Day
- 30 Natl. Honesty Day

MERCHANDISE NEEDED!

Consider donating some of your treasures to the Gift Shop when you clean out those closets and drawers! Small items such as jewelry, ceramics and handcrafted items are greatly appreciated. All proceeds benefit programs at the Brea Senior Center.

Donations accepted during regular gift shop hours.

Monday

2
8:30 Tai Chi for Every Body (PH)
9:30 Leadership Council Meeting (CFR)
10:00 Better Balance (PH)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:45 Beginning Line Dancing (PH)
12:45 Ralphs & Rite Aid (L)
2:00 Intermediate Line Dancing (PH)

9
8:30 Tai Chi for Every Body (PH)
10:00 Better Balance (PH)
10:00 Cookie Social (L)
10:15 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Grocery Program (DR)
12:45 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

16
8:30 Tai Chi for Every Body (PH)
10:00 Better Balance (PH)
10:00 Bingo Social (L)
10:15 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:30 Voter's Choice Shopping (L)
12:45 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

23
8:30 Tai Chi for Every Body (PH)
10:00 Better Balance (PH)
10:00 Spin to Win (L)
10:15 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Grocery Program (DR)
12:45 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

30
8:30 Tai Chi for Every Body (PH)
10:00 Better Balance (PH)
10:00 Bingo Social (L)
10:15 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:45 Beginning Line Dancing (PH)
2:00 Intermediate Line Dancing (PH)

Tuesday

3
8:30 Yoga Class (PH)
9:00 Blood Pressure (WR)
9:30 Special Crafts with Janice (B)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:45 99 Cent Store Shopping (L)
12:00 Lunch (DR)
12:30 Tax Prep (B & C)
12:45 Bunco Group (DR)
1:00 Table Tennis (PH)
1:30 It's Your Money (DR)

10
8:30 Yoga Class (PH)
9:00 Blood Pressure (WR)
9:30 Special Crafts with Janice (B)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:45 Golf Social (L)
11:00 Hula Fitness (DR)
12:00 Lunch (DR)
12:30 Tax Prep (B & C)
12:45 Bunco Group (DR)
1:00 Table Tennis (PH)
1:30 It's Your Money (DR)

17
8:30 Yoga Class (PH)
9:00 Blood Pressure (WR)
9:30 Special Crafts with Janice (B)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:45 Sprouts Shopping (L)
12:00 Lunch (DR)
12:45 Bunco Group (B)
1:00 Table Tennis (PH)
1:30 It's Your Money (DR)

24
8:30 Yoga Class (PH)
9:00 Blood Pressure (WR)
9:30 Special Crafts with Janice (B)
10:00 Health & Wellness (PH)
10:00 Timely Topics (C)
10:45 Golf Social (L)
12:00 Lunch (DR)
12:45 Bunco Group (B)
1:00 Table Tennis (PH)
1:00 Knitting Group (C)
1:30 It's Your Money (DR)

Wednesday

4
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:00 Quilting Group (B)
10:00 Crochet & Needlework (C)
10:00 Bingo Social (L)
10:30 Zumba Gold (PH)
10:30 Pet Therapy (L)
11:00 Bingo (DR)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:30 Albertsons & Trader Joes (L)
12:45 Sing-a-Long Group (C)
2:00 Table Tennis (PH)

11
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:30 HICAP Counseling (WR)
10:00 Crochet & Needlework (C)
10:00 Bingo Social (L)
10:30 Zumba Gold (PH)
11:00 Bingo (DR)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:30 Target Shopping (L)
12:45 Sing-a-Long Group (C)
2:00 Table Tennis (PH)

18
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:00 Quilting Group (B)
10:00 Crochet & Needlework (C)
10:00 Bingo Social (L)
10:30 Zumba Gold (PH)
11:00 Bingo (DR)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:30 Voters Choice Shopping (L)
12:45 Sing-a-Long Group (C)
2:00 Table Tennis (PH)

25
8:30 Tai Chi 42 (CY)
9:00 Longevity Stick Balance (PH)
9:30 HICAP Counseling (WR)
10:00 Crochet & Needlework (C)
10:00 Jewelry Class (LIB)
10:30 Book Club (B)
10:30 Zumba Gold (PH)
11:00 Bingo (DR)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:30 Voters Choice Shopping (L)
12:45 Sing-a-Long Group (C)
2:00 Table Tennis (PH)

Thursday

5
8:00 Yoga Class (PH)
9:30 Health & Wellness (PH)
10:00 Watercolor Painting (B)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:45 Bingo (DR)
1:00 Table Tennis (PH)

12
8:00 Yoga Class (PH)
9:00 Hearing Screening (L)
9:30 Health & Wellness (PH)
10:00 Watercolor Painting (B)
11:00 Computer Tutoring (CR)
11:00 Health & Wellness Info (DR)
12:00 Lunch (DR)
12:45 Bingo (DR)
1:00 Table Tennis (PH)

19
8:00 Yoga Class (PH)
9:30 Health & Wellness (PH)
10:00 Watercolor Painting (B)
10:00 Shredding Social (L)
10:00 Cooking Demo (L)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:45 Bingo (DR)
1:00 Table Tennis (PH)

26
8:00 Yoga Class (PH)
9:30 Health & Wellness (PH)
10:00 Watercolor Painting (B)
10:00 Cupcake Social (DR)
11:00 Computer Tutoring (CR)
12:00 Lunch (DR)
12:30 Legal Aid (WR)
12:45 Bingo (DR)
1:00 Table Tennis (PH)



Friday

6
8:30 Tai Chi for Every Body (PH)
10:00 Spiritual Emphasis (B)
10:00 Longevity Stick Balance (PH)
11:00 Zumba Gold (PH)
11:00 Games & Trivia (DR)
12:00 Special Friday Lunch (DR)

13
8:30 Tai Chi for Every Body (PH)
10:00 Spiritual Emphasis (B)
10:00 Longevity Stick Balance (PH)
10:00 Cookie Social (L)
10:30 Pet Therapy (L)
10:30 Volunteer Recognition (DR)
11:00 Zumba Gold (PH)
12:00 Special Friday Lunch (DR)

20
8:30 Tai Chi for Every Body (PH)
10:00 Spiritual Emphasis (B)
10:00 Longevity Stick Balance (PH)
10:00 Arts & Crafts Social (LIB)
10:30 Pet Therapy (L)
11:00 Zumba Gold (PH)
11:00 Games & Trivia (DR)
12:00 Special Friday Lunch (DR)

27
8:30 Tai Chi for Every Body (PH)
10:00 Spiritual Emphasis (B)
10:00 Longevity Stick Balance (PH)
10:30 Pet Therapy (L)
11:00 Zumba Gold (PH)
11:00 City Council Update (DR)
11:30 Birthday Party (DR)
12:00 Special Friday Lunch (DR)




- A** - Room A
- B** - Room B
- C** - Room C
- CFR** - Conference Room
- CR** - Computer Room
- CY** - Courtyard
- DR** - Dining Room
- L** - Lobby Area
- LIB** - Library
- P** - Plunge Pool
- PH** - Pioneer Hall
- PHCR** - PH Conference Room
- WR** - Wellness Room



Senior Lunch Menu - April 2018

| Monday | Tuesday | Wednesday | Thursday |
|--|--|--|---|
| 2 Split Pea Soup / SF Crackers Roasted Turkey / Herb Gravy Sweet Potato Casserole Cranberry Sauce Pumpkin Cookies Diet: Diet Cookie Orange Juice | 3 Mrs. Friday Fish Couscous w/ Peas & Parmesan Cheese Broccoli Blueberry Pie Diet: Chilled Fruit Cocktail | 4 Baked Meatloaf w/ Mushroom Gravy Egg Noodles Brussels Sprouts Mandarin Orange | 5 Pork Tenderloin w/ Apple Raisin Sauce Brown Rice Cucumber & Black Eye Pea Salad Whole Grain Bread Tropical Fruit Mix |
| 9 Rich Beef Goulash Brown Rice Spinach Peach Crisp Diet: SF Peach Crisp Sour Cream on Side | ****10 Hot Dog / WW Bun Diced Onions & Relish Coleslaw Macaroni Salad Fresh Fruit | 11 Chicken Marsala w/ Angel Hair Pasta Italian Blend Veggies WW Dinner Roll Ice Cream Diet: SF Ice Cream | 12 Ham & Zucchini Frittata Romaine Salad w/ Tomatoes & Balsamic Dressing Mini Blueberry Muffin Fruited Gelatin Diet: SF Fruited Gelatin |
| 16 Tortilla Soup/ Tortilla Strips Yucatan Chicken Tacos 3 Sisters Street Taco Tortilla Ambrosia | 17 Hearty Beef Stew Broccoli & Red Pepper Salad Cornbread Muffin Fresh Melon | 18 Tomato Florentine Soup w/ SF Crackers Pork Loin w/ Gravy Sweet Potato Bake WW Roll Mixed Fruit Cup | 19 Vegetarian Lasagna Mixed Salad w/ Dressing Breadsticks Chocolate Chip Cookie Diet: Diet Cookie Orange Juice |
| 23 Rita's Spinach Casserole Romaine Salad w/ Red Wine Vinaigrette WW Crackers Apple Crisp | 24 Egg Drop Soup / SF Crackers Thai Chicken Salad w/ Dressing WW Roll Mandarin Orange | ****25 Holly Farm Chicken Drumsticks Mexican Rice Brussels Sprouts Canned Apricots | 26 Fettuccini / Roasted Butternut Squash w/ Feta Cheese / Basil Cobb Salad w/ Ranch Dressing Bran Muffin Trifle Diet: Trifle |
| 30 Beef Bolognese on Spaghetti Fresh Spinach w/ Dried Cranberry Vinaigrette WG Breadstick Fresh Melon | Suggested Donation - \$3.00 Meal Cost for Under Age 60 - \$5.00 |  |  Alignment Healthcare |

All Meals comply with the Dietary Guidelines for Americans (DGA) 2015 & the Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Health and Human Services Agency & the U.S. Department of Agriculture. Community SeniorServ's Lunch Program may change the menu for reasons of quality control, price or vendor problems. This project is funded in part through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free gelatins and water packed fruits are used throughout the menu to accommodate diabetics. 1% milk served daily.  Indicates sodium content over 1,000 mg. *Indicates a special event or Holiday and the menu **MAY** exceed 1,000 mg. Low Cholesterol, 0% transfat buttery spread served with bread and rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.
www.SeniorServ.org

Special Friday Lunches

Friday 6
Chef Francesco
Chicken Avocado Sandwich
Roasted Red Pepper Soup
Catalina Salad
Apple Slices
Chocolate Brownie

13
Volunteer Recognition
BBQ Pork Ribs
Corn Bread & Beans
Corn Cobbette
Ranch Salad
Watermelon
Ice Cream

20
Chef Francesco
Corn Dogs
Potato Wedges
Coleslaw
Cucumbers & Peppers w/Ranch Dip
Pudding w/Cookie

27
Chef Francesco
Teriyaki Beef w/Steamed Rice
California Sushi Rolls
Dumpling Soup
Asian Salad
Almond Cookie
Birthday Cake

\$3 fee for seniors over 60, \$5 fee for anyone under 60.
Pre-registration and pre-payment required at least one full day in advance. No refunds or exchanges. *Friday lunch menu not associated with SeniorServ.*

Fun Stuff

J.E. Sims

Sudoku Number Puzzle

Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, and every 3 x 3 square. Each puzzle has a unique solution that can be determined without guessing.

| | | | | | | | |
|---|---|---|---|--|---|---|---|
| | | | | | 6 | 7 | |
| | 7 | | 9 | | 4 | 3 | |
| 4 | | | | | | | 1 |
| 3 | | 6 | | | | | |
| | | 2 | 8 | | 1 | 9 | |
| | | | | | | 1 | 5 |
| 1 | | | | | | | 7 |
| | 3 | | 5 | | 8 | 9 | |
| | 5 | | 4 | | | | |

Word Puzzles

Answers available on last page.

- XQQQME
- COORDERURT
- SETTLE
- EXIT LUNCH LUNCH
- UR
UR
UR
UR
- 1 knows

Crazy Sayings. . .

Keep talking. I always yawn when I'm interested.

Don't criticize my mess unless you'd like to become part of it.

Everybody is born with genius, but most people only keep it for a few minutes.

We're all brothers and sisters; we just have different mothers and fathers.

I have one speed and this is it.

Do you still love nature, despite what it did to you?

I'm busy now; can I ignore you some other time?

I just want revenge. Is that so wrong?

There are three kinds of people: those who can count and those who can't.

Make yourself at home! Clean my kitchen.



No one is certain as to why there is tomfoolery on April 1, April Fools' Day. Some have suggested that it's the result of confusion when the Gregorian calendar took over from the Julian calendar in 1582 and not everyone made the change. Others believe it stems from the seasonal change of winter to spring. There is no strong evidence for either of these beliefs. It became the norm to have fun playing harmless pranks, sending a friend on a 'fool's errand,' or getting people to believe in ridiculous ideas such as the 2008 BBC broadcast that a colony of flying penguins had been discovered.

A Subway prank offered new ice cream flavors that were inspired by three of their favorite sandwich fillings — tuna, tikka chicken, and meatball marinara. Quite a few patrons fell for that hoax. There have been other unusual April 1 claims made by newspapers, magazines, TV and the radio. In 1957, the BBC reported that Swiss farmers were having a record spaghetti crop, showing photos of people harvesting noodles from trees. Sports Illustrated ran a made-up story about a NY Mets prospective baseball pitcher named Sidd Finch who could throw a baseball over 168 miles per hour and played with one bare foot. In 1973, Johnny Carson made a joke about a toilet paper shortage which resulted in worried listeners stocking up

with the tissue. That's not the end of it. In 2015, Cottonelle tweeted that it was introducing left-handed toilet paper for southpaws. "Hands down the best thing to happen to lefties since left-handed scissors," said the advertisement. It was just another April Fools' joke.

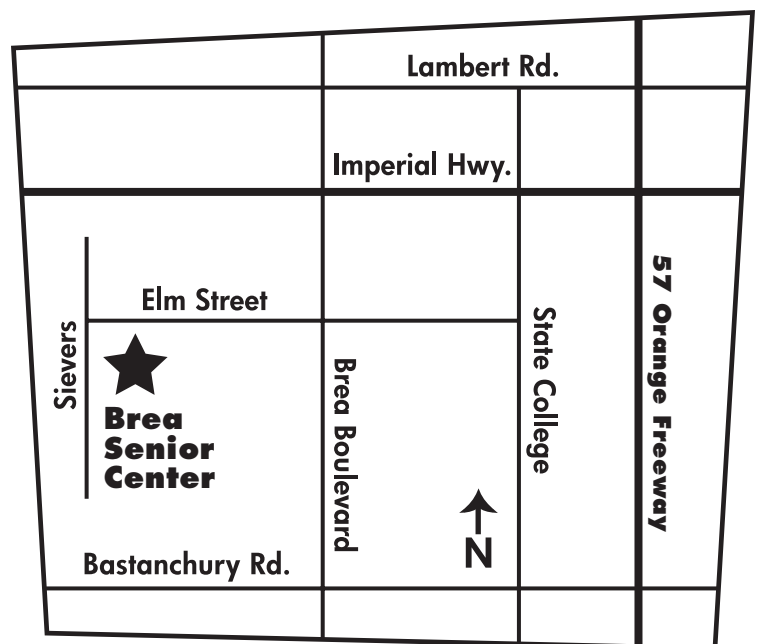
Taco Bell got in on the fun in 1996 when it duped people by announcing it was purchasing Philadelphia's Liberty Bell with the intentions of renaming it the Taco Liberty Bell. A few years later Burger King advertised a 'Left-Handed Whopper' which had the condiments, pickles, and hamburger shifted to the left side of the bun 'for easier handling by left-handers.' No, there isn't a Google Maps app that can be turned into a Ms. Pac Man game!

If you've ever placed Vaseline on a doorknob, filled a cream doughnut with mayonnaise, covered a small onion in caramel for a 'candied apple', smeared chocolate cream over Brussel sprouts, replaced Oreo cream filling with toothpaste, covered someone's desk with newspaper or toilet paper, or placed plastic spiders on the vanity sink, then you know what April Fools' Day is all about. Just make it safe and don't hurt anyone. Have a silly, fun time!

Be Our Guest!

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

- Hours:** Mon-Fri / 8 a.m.-3 p.m.
- Computer Room:** Mon-Fri / 8 a.m.-2:45 p.m.
- Location:** 500 Sievers Avenue
Brea, California 92821
- Telephone:** 714-990-7750
- Website:** www.BreaSeniorCenter.com
- Facebook:** [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)



More details and information available online.

Answers for Word Puzzles:
 1. excuse me 2. order in the court 3. settle down
 4. out to lunch 5. you are out of line 6. won by a nose